

2023 CAL STATE MONTEREY BAY WOMEN'S CROSS COUNTRY

Results as of November 4, 2023

TEAM RESULTS

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	9th of 10 Teams
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	3rd of 8 Teams
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	12th of 17 Teams
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	10th of 15 Teams
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	5th of 11 Teams
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	15th of 24 Teams
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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CASSIDY ANDREADAKIS

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	19:42.8 (57th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	20:04.1 (33rd of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	23:24.1 (85th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	24:33.9 (64th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	23:08.0 (43rd of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	23:22.60 (86th of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

ANGELEE BERGANIO

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	20:00.4 (70th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	19:32.9 (22nd of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	23:13.2 (78th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	25:15.3 (88th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	23:48.1 (59th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	23:02.80 (77th of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

MACKENZIE CAPRINO

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	21:31.7 (93rd of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	19:47.5 (27th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	24:16.0 (116th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	25:26.3 (92nd of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	23:00.2 (35th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	24:24.80 (131st of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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MAYA CENTENO

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	22:08.8 (99th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	21:38.3 (61st of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	24:55.9 (136th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	27:35.1 (120th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

AUDREY GARCIA

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	21:15.8 (100th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	22:25.7 (67th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	24:58.2 (139th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	26:39.1 (113th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

CYNDEE GONZALEZ

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	29:20.2 (104th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	DNR
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	DNR
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	DNR
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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NATALIE HARPER

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	20:18.3 (79th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	20:32.4 (46th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	23:23.0 (83rd of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	25:35.3 (97th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	24:26.4 (69th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

LISA IRVINE

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	19:33.4 (50th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	19:08.1 (14th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	22:36.2 (51st of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	24:38.0 (67th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	22:35.4 (28th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	22:39.70 (65th of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

ALI KEITH

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	19:57.6 (67th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	19:39.8 (24th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	DNR
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	DNR
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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DANIELA MUNGUIA

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	19:48.5 (60th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	19:24.7 (19th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	22:39.1 (55th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	24:01.8 (50th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	22:46.6 (29th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	22:37.10 (64th of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

AINSLEE ROBBINS

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	DNR
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	DNR
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	DNR
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	DNR
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

JESSICA SALINAS

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	21:38.0 (95th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	25:05.6 (144th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	27:38.0 (123rd of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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KIM TOVAR

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	21:24.6 (90th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	20:40.3 (49th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	DNF
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	DNF
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

AVA WETTLAUER

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	20:16.0 (76th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	20:11.8 (37th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	24:26.9 (121st of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	25:23.2 (90th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	23:43.1 (58th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

COZETTE WOOD

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	20:16.2 (78th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	20:07.4 (34th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	23:36.8 (96th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	24:16.0 (56th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	23:08.5 (42nd of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	25:20.60 (147th of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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DANIELLE YOST

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	22:41.8 (103rd of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	22:27.2 (68th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	25:51.5 (162nd of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	DNF
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

TAYLAR YOST

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	22:19.7 (102nd of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	21:40.2 (62nd of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	25:11.3 (147th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	28:00.7 (127th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	DNR
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

KAYLA YOUNG

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	DNR
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	DNF
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	24:23.7 (120th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	26:09.4 (107th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	24:48.6 (72nd of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	DNR
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—

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CARLY ZAHRT

Sept. 1	Big West Preview Meet	San Luis Obispo, Calif./Blacklake Golf Resort (5K)	21:23.5 (89th of 105)
Sept. 8	Biola Invitational	Fullerton, Calif./Ted Craig Regional Park (5K)	21:04.5 (55th of 94)
Sept. 23	Cougar Challenge	San Marcos, Calif./Mangrum Track Course (6K)	24:11.0 (114th of 184)
Oct. 6	S.F. State Invitationals	San Francisco, Calif./Speedway Meadows (6K)	24:52.0 (76th of 148)
Oct. 21	CCAA Championship	Fremont, Calif./Quarry Lakes Course (6K)	23:20.5 (48th of 91)
Nov. 4	NCAA West Regional	Monmouth, Ore./Ash Creek Preserve (6K)	23:29.70 (90th of 167)
Nov. 18	NCAA National Championship	Joplin, Mo./Tom Rutledge Course (6K)	—